Portland's Best BBQ

Amount per serving	0=6
Calories	350
	Daily Value
Total Fat 10g	13%
Saturated Fat <1g	3%
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 490mg	21%
Total Carbohydrate 35g	13%
Dietary Fiber 3g	11%
Total Sugars 8g	
Includes 4g Added Sugars	8%
Protein 29g	
Vitamin D 0mg	0%
Iron 4.3mg	25%
Calcium 90mg	6%
Potassium 330mg	6%

Ingredients: Bun (Enriched Unbleached Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid) Water, Olive Oil Blend (75% Canola Oil, 25% Olive Oil), Cultured Wheat Starch, Salt, Baker's Yeats, Dry Malt, Sunflower Seeds, Poppy Seeds, Crumb Softener (Wheat Flour Dextrose, Enzymes), Rolled Oats, Flax Seeds) Filling (Water, Vital Wheat Gluten, Pineapple Juice, Tomato Paste (Tomatoes), Nutritional Yeast (Dried Yeast, Niacin, Pyridoxine, Thiamin, Riboflavin, Folic Acid, Cyanocobalamin), High Oleic Safflower Oil, Organic Cane Sugar, Molasses, Rice Wine Vinegar, Onion Flakes, Sea Salt, Baker's Yeast Extract, Granulated Garlic, Paprika, Liquid Smoke, Spices) Cabbage, Carrots, Vegenaise (Expeller Pressed Canola Oil, Filtered Water, Brown Rice Syrup, Apple Cider Vinegar, Soy Protein, Sea Salt, Mustard Flour & Lemon Juice Concentrate).