

# Italian

| <b>Nutrition Facts</b>   |            |
|--|------------|
| Servings per Container 2   |            |
| <b>Serving size: 5oz. (142g)</b>   |            |
| <b>Amount per serving</b>  |            |
| <b>Calories</b>  | <b>370</b> |
| <small>% Daily Value*</small>  |            |
| <b>Total Fat</b> 23g   | <b>29%</b> |
| Saturated Fat 4.5g   | <b>23%</b> |
| <i>Trans</i> Fat 0g  |            |
| <b>Cholesterol</b> 0g  | <b>0%</b>  |
| <b>Sodium</b> 770mg  | <b>33%</b> |
| <b>Total Carbohydrate</b> 40g  | <b>13%</b> |
| Dietary Fiber 7g   | <b>28%</b> |
| Total Sugars 1g  |            |
| Includes 0g Added Sugars   | <b>0%</b>  |
| <b>Protein</b> 10g   |            |
| Vitamin D 0mg  | 0%         |
| Iron 3mg   | 15%        |
| Calcium 190mg  | 15%        |
| Potassium 200mg  | 4%         |
| <small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small> |            |

**Ingredients:** Bun (Enriched Unbleached Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Olive Oil Blend (75% Canola Oil, 25% Olive Oil), Cultured Wheat Starch, Salt, Baker's Yeast, Dry Malt, Sunflower Seeds, Poppy Seeds, Crumb Softener (Wheat Flour, Dextrose, Enzymes), Rolled Oats, Flax Seeds), Italian Deli Slices (Water, Vital Wheat Gluten, Tofu (Water, Soybeans, Magnesium Chloride, Calcium Chloride), Expeller Pressed Canola Oil, Sundried Tomatoes, Soy Sauce (Water, Soybeans, Wheat, Salt), Contains less than 2% Basil, Onion, Carrot, Celery, Garlic, Leek, Granulated Garlic, Salt, Spices, Lemon Juice Concentrate, Cornstarch, Garbanzo Bean Flour, White Bean Flour, Natural Flavors, Sunflower Oil, Rosemary Extract, Calcium Lactate, Potassium Chloride), Vegan Mozzarella (Filtered Water, Coconut Oil, Potato Starch, Tapioca Starch, Sunflower Oil, Natural Flavors (Vegan Sources), Chickpea Protein, Calcium Citrate, Sea Salt, Konjac and Xanthan Gums, Annatto and Turmeric Extracts (Color)), Spinach, Pesto (Basil, Canola Oil, Water, Salt, Dehydrated Garlic, Xanthan Gum), Veganaise (Expeller-Pressed Canola Oil, Filtered Water, Brown Rice Syrup, Apple Cider Vinegar, Soy Protein, Sea Salt, Mustard Flour & Lemon Juice Concentrate).