

Veggie Chik Salad

Nutrition Facts

1 serving per container

Serving size 8 ounces (227g)

Amount Per Serving

Calories 390

% Daily Value*

Total Fat 18g **23%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 400mg **17%**

Total Carbohydrate 42g **15%**

Dietary Fiber 3g **11%**

Total Sugars 8g

Includes 6g Added Sugars **12%**

Protein 14g

Vitamin D 0mcg 0%

Calcium 480mg 35%

Iron 7.5mg 40%

Potassium 210mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Pasta (Unenriched Durum Wheat Semolina, Water), Baked Tofu (Non-GMO Soybeans, Water, Magnesium Chloride), Celery, Carrots, Red Onion, Vegenaïse (Expeller Pressed Canola Oil, Water, Brown Rice Syrup, Apple Cider Vinegar, Soy Protein, Sea Salt, Mustard Flour, Lemon Juice Concentrate), Preservative Free Soy Sauce (Water, Wheat, Soybeans, Salt), Organic Cane Sugar, Baker's Yeast Extract, Fresh Parsley, Turmeric, Sea Salt, Herbs, Spices. Made In A Facility That Processes Milk & Tree Nuts

Contains: Wheat, Soy