

# The Veggie Chick Happy Hoagie

<b>Nutrition Facts</b>	
Servings per Container 2	
<b>Serving size 5.75oz. (163g)</b>	
<b>Amount per serving</b>	
<b>Calories</b>	<b>385</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 19g	<b>30%</b>
Saturated Fat 1g	<b>5%</b>
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> 0g	<b>0%</b>
<b>Sodium</b> 240mg	<b>13%</b>
<b>Total Carbohydrate</b> 37g	<b>12%</b>
Dietary Fiber 4g	<b>16%</b>
Total Sugars 5g	
Includes 2g Added Sugars	<b>4%</b>
<b>Protein</b> 6g	
Vitamin D 0mg	0%
Iron 3.2mg	20%
Calcium 140mg	10%
Potassium 190mg	4%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**INGREDIENTS:** Bun (Enriched Unbleached Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Olive Oil Blend (75% Canola Oil, 25% Olive Oil), Salt, Cultured Wheat Starch (Wheat Starch, Bacterial Culture), Bakers Yeast, Dry Malt, Sunflower Seeds, Poppy Seeds, Crumb Softener (Wheat Flour, Dextrose, Enzymes), Sesame Seeds, Flax Seeds), Filling (Baked Tofu (Non-GMO Soybeans, Water, Magnesium Chloride), Vegenaise (Expeller-Pressed Canola Oil, Filtered Water, Brown Rice Syrup, Apple Cider Vinegar, Soy Protein, Sea Salt, Mustard Flour & Lemon Juice Concentrate), Carrots, Celery, Red Onion, Soy Sauce (Water, Soybeans, Wheat, Salt), Evaporated Cane Juice, Bread Crumbs (Wheat Flour, Sugar, Yeast & Salt), Mustard (Organic Grain Vinegar, Water, Organic Mustard Seeds, Salt and Organic Spices), Parsley, Baker's Yeast Extract, Spices), Spinach.

**Contains: Soy, Wheat. Made in a Facility that Processes Milk & Tree Nuts. Keep Refrigerated**